



SEPTEMBER 27–OCTOBER 17, 2021

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Friends,

Welcome to Kairos Church! We're so glad you've joined the Launch of our church and are also joining us for 21 Days of Prayer!

While we officially launched our church last week, the Kairos story began in early 2020. The pastoral staff spent the first 21 days of 2020 in prayer and fasting for what lay ahead as we began the process of planting. Of course, we had no idea what that year had in store for us! Just two months later, a global pandemic was among us. Yet, despite the challenges 2020 and 2021 brought us, I can't think of a better way to prepare for life's uncertainties than by praying.

As Kairos Church, we want to be a people of prayer. Our core value is "Prayer is our Posture." We declare, "Prayer is the first thing we do. It isn't an afterthought. We receive power and direction when we pray. We pray to our Father, knowing He listens and cares."

In every situation, whether good or bad, we try to pray before we act. Many times people act first and then wait on God to bail them out of that situation, but prayer should be our first response not our last resort.

The Holy Spirit empowers us and directs our steps as we submit our lives and plans to Him. Through nudges, Scripture, and fellow believers, the Holy Spirit strengthens us to live our lives according to God's plan for us.

God is our good Father. We see His care and love through His relationship with Jesus and we experience that same love because we are children of God. He cares about what we're going through, big or small.

We invite you to join our community in these next 21 days as we pray together. We'll be praying individually but also corporately on Zoom. These next three weeks will be a great opportunity for you to get to know some people from our church and build community.

In these next 21 days, let's make prayer our posture.

A handwritten signature in cursive script that reads "Jesse".

Jesse Tosten
Lead Pastor

HOW TO USE THIS GUIDE

Each day we will join together for a time of prayer from 6:15–6:45am, Monday–Saturday on Zoom. Our Prayer Team will guide us in a short reflection and then we will break into groups for prayer. For the daily link, go to kairoschurchnj.com.

DAILY PRAYER FOCUS

Day One (9/27) — 2021 Healing from COVID-19

Day Two (9/28) — 2021 Launch of Kairos Church

Day Three (9/29) — Community is our Heart

Day Four (9/30) — Prayer is our Posture

Day Five (10/1) — The Holy Spirit is our Guide

Day Six (10/2) — Individual Needs

Day Seven (10/3) — Worship Gathering Prayer

Day Eight (10/4) — Praying over our Gifts

Day Nine (10/5) — “Not Yet Christians”: Family Members, Friends,
Neighbors, Co-workers

Day Ten (10/6) — The Word is our Foundation

Day Eleven (10/7) — Ethnic Diversity is our Gift

Day Twelve (10/8) — Servant Leadership is our Way

Day Thirteen (10/9) — Church Planting

Day Fourteen (10/10) — Worship Gathering Prayer

Day Fifteen (10/11) — Children and Families

Day Sixteen (10/12) — Our Neighborhoods

Day Seventeen (10/13) — Generosity is our Privilege

Day Eighteen (10/14) — The Kingdom is our Pursuit

Day Nineteen (10/15) — Physical Healing

Day Twenty (10/16) — Healing Prayer Gathering

Day Twenty-One (10/17) — Worship Gathering Prayer

SUBMIT A PRAYER REQUEST

Throughout the 21 days of prayer, please submit your personal prayer requests at kairoschurchnj.com. Each prayer request will be prayed over daily by the Pastoral Staff and Kairos Prayer Team.

FASTING

The goal of fasting is to draw nearer to God. Biblical fasting always has to do with eliminating distractions for a spiritual purpose; it hits the reset button of our soul and renews us from the inside out. It also enables us to celebrate the goodness and mercy of God and prepares our hearts for all the good things God desires to bring into our lives. Remember, your personal fast should present a level of challenge, but it is very important to know your body, your options, and, most importantly, to seek God in prayer and follow what the Holy Spirit leads you to do.

TYPES OF FAST

Complete Fast

In this type of fast, you drink only liquids, typically water with light juices as an option.

Selective Fast

This type of fast involves removing certain elements from your diet. One example of a selective fast is the Daniel Fast, during which you remove meat, sweets, and bread from your diet and consume water and juice for fluids and fruits and vegetables for food.

Partial Fast

This fast is sometimes called the “Jewish Fast” and involves abstaining from eating any type of food in the morning and afternoon. This can either correlate to specific times of the day, such as 6:00am to 3:00pm, or from sunup to sundown.

Soul Fast

This fast is a great option if you do not have much experience fasting food, have health issues that prevent you from fasting food, or if you wish to refocus certain areas of your life that are out of balance. For example, you might choose to stop using social media or watching television for the duration of the fast and then carefully bring that element back into your life in healthy doses at the conclusion of the fast.

SCRIPTURAL REFERENCES

Matthew 6:16–18

Matthew 9:14–15

Luke 18:9–14

Acts 27:33–37

Nehemiah 9:1–3

TIMING OF A FAST

At Kairos Church, we encourage fasting for 21 days each year in the months of January and/or September. This is part of *21 Days of Prayer and Fasting*, a season of focused prayer as a church family. You may also choose to fast at other times during the year for your own spiritual development. It's very typical to fast a single meal, a whole day, or three days or more. The timing of your fast is not as important as the strength of your focus on God as you fast.

RESOURCES ON FASTING

[Your Personal Guide to Fasting and Prayer](#)

Dr. Bill Bright

[7 Basic Steps to Successful Fasting and Prayer](#)

Dr. Bill Bright

[The Purpose of Fasting](#)

Richard Foster

[The Wesley Fast](#)

MethodistPrayer.com

Email info@kairoschurchnj.com for the direct links to these resources.

DAY ONE

September 27, 2021

HEALING FROM COVID-19

Since COVID-19's spread throughout the world in the early part of 2020, nothing in life has been the same. While some have suffered more than others, every person has been impacted in some way. We acknowledge the physical illness, but also realize the emotional, mental, and spiritual impact this disease has had.

The Apostle Paul tells us in the book of Romans to rejoice with those who rejoice and weep with those who weep (12:15). He also encourages us elsewhere to *"pray without ceasing"* (1 Thessalonians 5:17).

As we begin 21 Days of Prayer today, let's focus our prayers on healing from all the impacts COVID-19 has had on our world. Let's pray for those who are weeping today and that God would be their comfort and hope.

An ancient prayer, often credited to St. Augustine, might be helpful as we pray today:

Watch, O Lord, with those who wake, or watch, or weep tonight, and give Your angels and saints charge over those who sleep.

Tend Your sick ones, O Lord Christ.

Rest Your weary ones.

Bless Your dying ones.

Soothe Your suffering ones.

Pity Your afflicted ones.

Shield Your joyous ones, and all for Your love's sake. Amen.

DAY TWO

September 28, 2021

LAUNCH OF KAIROS CHURCH

"The time has come," Jesus said. "The kingdom of God has come near. Repent and believe the good news!"

—Mark 1:15 (NIV)

Last week, September 19, we officially launched Kairos Church. What a grand day.

Thanks to our Launch Team who worked tirelessly over the last several months to prepare for that day. And thanks to all of you who joined us in the last two weeks and are interested in joining our community.

God's done a great thing with the Launch of Kairos Church. But God didn't bring us this far to only bring us this far. The whole reason we started Kairos is because we want other people to experience all that Jesus has for them. We want them to experience life transformation and the family of faith we call church.

And so while we celebrate our Launch, we also begin the work of living life with Jesus, with community and with purpose here in Kendall Park and beyond.

Today, let's pray for a few specific things as it relates to our new church family:

- Our friends, family, and colleagues to be open to faith in Jesus
- Opportunities to invite friends and family to worship and 21 Days of Prayer
- People's lives to be changed during 21 Days of Prayer
- For community to be built among everyone visiting Kairos
- A desire for people to serve and discover their purpose
- Serve Team's growth and development
- New connections with Kendall Park and our local community in order to serve and witness

DAY THREE

September 29, 2021

COMMUNITY IS OUR HEART

Life is meant to be lived together. We are a family where all are welcome. Our heart is to build community in order to serve our community.

Over and over again this past year, I've been struck by how important this core value is to me personally. Without community, I struggle. I feel lost or unknown. Ever since the COVID-19 pandemic, community has looked different, and let's be honest, it's been hard for many of us. For me (Jesse) personally, moving from such a strong community in Alabama was difficult for Emily and me. Yet, we've found another family. You—Kairos Church.

It's been hard, of course, to develop a community when you can't physically be together or you have to maintain social distance and wear a mask. Yet, as we prepared to Launch Kairos, we've been doing it. And we will continue to do it now that we've launched!

Today, let's pray for our Kairos community. Pray that we would grow closer to each other. That we would feel known and loved. Through worship, Kairos Communities (our version of small groups), and our Serve Team, we'd develop the kind of community we all desire.

And then, let's pray for the boldness and vulnerability to invite others into this same community. Pray we would show love and hospitality to those coming into our community so that they might experience the same love we feel.

Finally, let's pray our love for one another would overflow into our love for our communities. Pray for opportunities to serve and love our community. Pray people would see Jesus through our love for one another.

I'm reminded of that old hymn, often sung around a Christian campfire, "They Will Know We Are Christians", taken from Jesus words in John, "For when you demonstrate the same love I have for you by loving one another, everyone will know that you're my true followers." (13:35, TPT)

DAY FOUR

September 30, 2021

PRAYER IS OUR POSTURE

*Prayer is the first thing we do. It isn't an afterthought.
We receive power and direction when we pray.
We pray to our Father, knowing He listens and cares.*

Richard Foster, in *Celebration of Discipline*, opens his chapter on prayer with these words, *"To pray is to change."*

He later goes on to say, *"The primary purpose of prayer is to bring us into such a life of communion with the Father that, by the power of the Spirit, we are increasingly conformed to the image of the Son."*

Sometimes it's hard to see the difference prayer makes when I look out at the world. My circumstances still seem the same. There is still pain and suffering in my life and especially all around me. What was once a whisper gets louder: "Does God really hear my prayers? Does he even care? What difference does this praying make?"

As a follower of Jesus, I think it's okay to wrestle with these questions. In fact, I think it's normal. Here's one thing I don't wrestle with, though—prayer changes me. I know that for a fact.

Maybe a better way to put it is that God changes me when I pray. However I might phrase it, what happens in prayer is nothing short of a miracle.

Because when I pour out my heart up to God, I give permission for God to speak into those places in my soul that only He can. To encourage me. To convict me. To challenge me and to love me.

Let's change. But not because of our own might, habits or strength. Let's change through prayer.

Lord Jesus, through my prayers, change me.

DAY FIVE

October 1, 2021

THE HOLY SPIRIT IS OUR GUIDE

We are led by the Holy Spirit in our daily lives. Submitting to the direction of the Holy Spirit, we are empowered and equipped for holy living and holy service.

“It seemed good to the Holy Spirit and to us...” (Acts 15:28)

Too many people rely on their own feelings for the choices they make in their lives. Some, on the opposite extreme, wait painfully for a “sign from heaven” or the audible voice from God. I’m not discrediting those miraculous signs—they have come, but often only a few have experienced them.

God works in more ways than one. And his usual vehicle is through the ordinary.

The first disciples of Jesus were following God in every way they knew how—prayers, worship, community, and serving the poor. And in the midst of doing what they knew to do, God showed up. He opened the door for not only the Jews but the Gentiles to experience God. Sharing this good news with others, they concluded, “It seemed good to the Holy Spirit and to us.”

Meaning their own experiences of faithful living was met with the empowerment and confirmation of the Holy Spirit.

Following the Holy Spirit doesn’t mean we are passive people who simply sit back and wait for God’s audible voice in our lives. Though it may come, we are called to live our daily lives as faithful disciples of Jesus, doing what we know to do: pray, worship, live in community, and serve the poor.

In doing so, the Holy Spirit will show up.

DAY SIX
October 2, 2021

INDIVIDUAL NEEDS

“Give us our daily bread,” Jesus tells us to pray in the most famous prayer of all—The Lord’s Prayer.

Jesus went on to explain to his disciples that God is more loving than even the best parents on earth, always aware of and present to our needs: *“So I say to you: Ask and it will be given to you; seek and you will find; knock and the door will be opened to you. For everyone who asks receives; the one who seeks finds; and to the one who knocks, the door will be opened.” (Matthew 11:9–10)*

Knowing our heavenly Fatherly listens and cares, then, let’s spend today praying for whatever needs our life has created.

Feel free to write in the space provided below what your needs are today. Then, after *21 Days of Prayer* is over, come back to this list. Reflect on the ways God has answered your prayers. You may find that your needs have changed or you need to adjust your list.

God, today, I pray for:

Lord, hear my prayer.

DAY SEVEN

October 3, 2021

WORSHIP GATHERING PRAYER

OUR FATHER WHO IS IN HEAVEN,
HALLOWED BE YOUR NAME.
YOUR KINGDOM COME.
YOUR WILL BE DONE
ON EARTH AS IT IS IN HEAVEN.
GIVE US THIS DAY OUR DAILY BREAD,
AND FORGIVE US OUR SINS,
AS WE ALSO FORGIVE
THOSE WHO SIN AGAINST US,
AND LEAD US NOT INTO TEMPTATION,
BUT DELIVER US FROM EVIL,
FOR YOURS IS THE KINGDOM
AND THE POWER AND THE GLORY,
FOREVER AND EVER.
AMEN.

DAY EIGHT

October 4, 2021

PRAYING OVER OUR GIFTS

God has given each of you a gift from his great variety of spiritual gifts. Use them well to serve one another.

—1 Peter 4:10 (NLT)

Several years ago, I (Alex) traveled to the West Coast and spent some time with a dear friend. During my visit, we had the opportunity to play golf and share a meal with Francis Chan, a well known church planter and author. Between golf swings, Francis asked me an intriguing question: “Where is your greatest gifting?”

So often we ask people, “What do you want to do? What are your plans for the future? What are you trying to accomplish?” The problem with these sort of questions is that they put the focus on us; we are the ones who have to come up with the plan, the skills, or the accomplishment. There’s a lot of pressure in those questions!

Francis’ question works differently. “Where is your greatest gifting?” assumes that God gave me a gift to use. I didn’t create it—it is a gift. And this question assumes these God-given gifts are to be used for kingdom work to serve others.

So what has God gifted to you? Where is your greatest gifting? And more importantly, how are you using that gift to serve others?

Spend some time in prayer today asking God to reveal his gift to you. Prayerfully consider how you might partner with Kairos Church.

Maybe you’re gifted in the area of organization and you can put on an awesome event. Maybe your gift is hospitality—you just know how to make people feel welcome. Your gift could be related to finances, music, prayer, technology, teaching, or craftsmanship. Maybe you’re a great cook. Church plants thrive on good food! Or you’re great with kids. Our children need to hear the gospel of Jesus!

After prayerfully reflecting on where your gifting lies, email info@kairoschurchnj.com to let us know. We’d love to talk with you about how you can serve through your gifts. Don’t be bashful. You will never know how your gifting may help until you share it.

DAY NINE

October 5, 2021

“NOT YET CHRISTIANS”

The great 20th century theologian, Karl Barth, had this memorable phrase: “not yet Christians.” Instead of referring to people who don’t know Jesus yet as “unbelievers”, “atheists”, or “non-Christians” (which all have their place), he preferred the term “not yet Christians.”

I like it. It seems, to me, to emphasize the nature of grace. Not that God is forcing a relationship upon those who don’t accept Christianity, but that God’s grace extends to even those who haven’t yet embraced it.

Jesus tells us that it rains on the just and the unjust (*Matthew 5:45*). In other words, grace is extended to all.

Affirming that God is working in all people’s lives and God is drawing people to himself, let’s pray for our family members, friends, neighbors, co-workers and enemies even, who don’t yet have a relationship with Jesus.

Pray for their well-being. Pray for their healing, their jobs and their families. Pray they might find meaning and purpose in their lives. And most importantly, pray they might come to find the life found in Jesus.

You might even consider inviting them to Kairos.

If you are in the process of discovering who Jesus is, we want you to know that this is a safe space to ask questions and wrestle with your faith. We want you to be able to explore faith with us at Kairos. Spend some time in prayer today that God would answer your questions and reveal himself to you. And know we are praying with you as well.

DAY TEN

October 6, 2021

THE WORD IS OUR FOUNDATION

*The Bible directs our lives.
We don't just believe in the Bible; we live it out.
God's Word influences every decision we make.*

Temptation is a reality of the human experience. Despite our best efforts, we find ourselves in a daily struggle against temptation. Often though, we end up failing because the only weapon we bring to the fight is our own will power.

20 centuries ago Jesus found himself amidst temptation—from the devil himself. We're told, *"the tempter came and said to him, 'If you are the Son of God, command these stones to become loaves of bread.'* But Jesus answered, *"It is written, 'Man shall not live by bread alone, but by every word that comes from the mouth of God.'"* (Matthew 4:3–4 ESV)

Quoting from Deuteronomy 8:3, Jesus found the strength to stand up to the tempter and his temptations. Rather than relying on our own willpower in moments of weakness, let us remember to find strength in God's Word.

Here's the truth—you will face challenges and temptations. They are guaranteed to come. Let's prepare ourselves now to stand on God's truth.

Pick a verse or passage that you want to memorize. Write the passage down word for word below. Then, spend some time each week memorizing the passage.

DAY ELEVEN

October 7, 2021

ETHNIC DIVERSITY IS OUR GIFT

We are a multiethnic and multicultural community. This is a gift from God to be cherished. When we pursue and honor our ethnic and cultural diversity in Christ, we better understand and reflect the image of God.

One of my greatest joys is the ethnic and cultural diversity we have at Kairos Church. We are blessed to live in a part of the country that reflects the kingdom in its diversity.

But let's be honest—that doesn't mean it's always easy. That there aren't bumps in the road. That sometimes we fail to understand each other, or worse, make assumptions. We're the church, yes, but racism can infect the church, too.

So we have to work hard. We need to invoke the Holy Spirit. We have to humble ourselves and learn from one another. Ask for forgiveness when we've failed. The sort of things Jesus calls us to do.

I don't want us to miss this though.

When we truly see our ethnic diversity as a gift, friends—when we live out the kingdom value of diversity found at the throne room of God (Revelation 7:9–10), when we live in such a countercultural way to our world, we, literally, are part of that kingdom-building work, here and now. We are part of the answer to Jesus' prayer, "Thy kingdom come, thy will be done, on earth as it is in heaven."

So let's pray that in Christ we would become one, just as Jesus prayed that *"they may all be one, just as you, Father, are in me, and I in you, that they also may be in us, so that the world may believe that you have sent me."* (John 17:21 ESV)

In doing so, we proclaim hope and love to a world in desperate need.

DAY TWELVE

October 8, 2021

SERVANT LEADERSHIP IS OUR WAY

*We believe the greatest leadership is service to others.
Every leader is a servant first.
From the parking lot to the pulpit, everyone serves.
Every role is different, but they are all important.*

I can honestly say that I've never seen a group of people more committed to this core value than the Launch Team of Kairos Church. The people who have served faithfully for nearly two years to make the Launch of Kairos happen have embodied the core value of Servant Leadership in ways I have never seen before.

So, thank you, Launch Team. Thank you for putting others first. Thank you for laying the foundation for this core value as we continue as a church.

Now, all of us, let's keep it up.

Let our motto be: "He must increase, but I must decrease." (*John 3:30 ESV*)

Let's serve each other, this church, and our communities in ways that no one has experienced before.

Today, pray for a heart that wants to serve. Then, pray for opportunities to serve.

Where is God leading you to serve your family?

Where is God leading you to serve Kairos Church?

Where is God leading you to serve your community?

As the Apostle Paul reminds us, "And let us not grow weary of doing good, for in due season we will reap, if we do not give up." (*Galatians 6:9 ESV*)

I believe we will see fruit as we put one another first.

It all starts with serving.

DAY THIRTEEN

October 9, 2021

CHURCH PLANTING

Church planting is hard. No ifs, ands or buts. This is difficult work.

I don't take lightly that you've chosen to come to Kairos Church. While there are many joys of a new church, there are certainly challenges. Yet, in the challenge and struggle of this thing we call church planting, I keep coming back to this one phrase: "We don't exist for ourselves. We exist for people who are not a part of us."

It's a phrase I heard years ago. I can't remember the source, however, its impact is something I'll always carry with me.

Following Jesus has many personal benefits. I find joy, hope and peace following Jesus. But over and over again, I'm reminded that following Jesus isn't about me.

It's about Jesus. His kingdom. And what does Jesus want? Nothing more than for every person on this earth to know him. To have a relationship with him. To experience all that he has for them in community.

And so church planting is one small way I can follow Jesus. One small way I can say, "It's not about me—it's about him and his kingdom."

Joining Kairos Church is one small way you can say the same.

We want you to discover life, build community and find your purpose here at Kairos. But we also want you to help others do the same. That's one of the great gifts of church planting.

Spend some time today praying about your future at Kairos Church. You've now experienced our community for several weeks hopefully. Ask yourself, "How can I get more plugged in? Where can I serve? Which Kairos Community will I join this month?"

Tomorrow, October 10, at our worship gathering, you'll have an opportunity to share where you'd like to serve with Kairos. Currently, some options include these teams: Worship, Production, Hospitality, Kids, and Setup/Teardown.

DAY FOURTEEN

October 10, 2021

WORSHIP GATHERING PRAYER

“CHRIST WITH ME,
CHRIST BEFORE ME,
CHRIST BEHIND ME,
CHRIST IN ME,
CHRIST BENEATH ME,
CHRIST ABOVE ME,
CHRIST ON MY RIGHT,
CHRIST ON MY LEFT,
CHRIST WHEN I LIE DOWN,
CHRIST WHEN I SIT DOWN,
CHRIST WHEN I ARISE,
CHRIST IN THE HEART OF EVERY MAN
WHO THINKS OF ME,
CHRIST IN THE MOUTH OF EVERYONE
WHO SPEAKS OF ME,
CHRIST IN EVERY EYE THAT SEES ME,
CHRIST IN EVERY EAR THAT HEARS ME.”

— PRAYER OF ST. PATRICK

DAY FIFTEEN

October 11, 2021

CHILDREN AND FAMILIES

If it is possible, as far as it depends on you, live at peace with everyone.

—**Romans 12:18 (NIV)**

It's true—our families bring such joy to our lives. We couldn't live without them. There is love, compassion, and understanding like nowhere else in the world.

It's also true our families are places of deep pain, regret and betrayal. In some ways, living in peace with everyone is easier to do outside of our homes than inside. Yet, Paul calls us, *if it is possible*, to try. Paul, knowing long before today's psychologists that you can't change others' behavior, tells us to focus on what we can control—as far as it depends on you.

Maybe a small change by you during *21 Days of Prayer*—a move toward kindness or forgiveness, an act of service or a hopeful conversation could start to change the tide.

Know that whatever emotions your family evokes in you, God *"heals the brokenhearted and binds up your wounds"* (Psalm 147:3). There is still time for redemption and grace in the midst of your family life.

Our human experience reminds us how important it is that we pray for our children and our families today. God knows they need it.

Let's pray for our children, that they may grow in their faith, be protected, feel love, and that God may give them wisdom and strength as they go to school amidst this pandemic.

Pray for parents who are struggling managing their jobs, children, and all that life brings. Pray hope and rest enter their lives. May they raise their children up in the ways of the Lord.

Take a moment today to read Ephesians 5:21–6:4 which gives us good instruction on how to live within our families, *"submitting to one another out of reverence for Christ"* (5:21). Then pray these values and principles into the lives of your family and the families you know.

DAY SIXTEEN

October 12, 2021

OUR NEIGHBORHOODS

In Eugene Peterson's paraphrase of the Bible, he frames John 1:14 in this way: *"The Word became flesh and blood, and moved into the neighborhood."*

God moved into the neighborhood.

Exactly.

That is the great good news of the Gospel—that God moved his dwelling from the heavenly places into our homes, our neighborhoods, our cities. That God's Spirit is moving and working in our schools, our local sub shop, in the park down the street.

That when we live our normal everyday lives, God is there. Among us. And among our neighbors.

So let's pray, first, for more awareness. Where is God working right now in our neighborhoods? Where do you see the Gospel being lived out?

And then ask God who he has placed in your path that might be interested in hearing more about the Gospel? What relationship might you foster with the neighbor down the street?

And finally, ask God to show you new ways to build the kingdom in your neighborhood. Ask for open doors, new ideas.

Peterson's paraphrase goes on, *"We saw the glory with our own eyes, the one-of-a-kind glory, like Father, like Son, Generous inside and out, true from start to finish."*

May that be our prayer—may we see the glory with our own eyes as we pray for and invest in our neighbors and neighborhoods.

DAY SEVENTEEN

October 13, 2021

GENEROSITY IS OUR PRIVILEGE

We see generosity as a privilege. We're generous with our time, talents and treasure. God has given richly toward us, and it's our honor to give back to Him.

Too often the church's conversation around generosity is engulfed in the language of guilt. How sad. I don't ever want giving to become a duty built on guilt.

Of course, giving of our time, talents and treasures requires sacrifice. Sometimes I think what I could buy with those few extra bills that go in the virtual offering plate.

So yes, giving requires sacrifice. Sometimes you have to go without. There are certain things you'll never have that others do simply because you put your treasure elsewhere.

Yet, friends, we give, not out of guilt but out of gratefulness. We give because God first gave to us. As John tells us, *"We love because he first loved us"* (1 John 4:19).

And we give because it matters. My giving, your giving—it makes a difference. Truth be told—an eternal difference.

People experience the love of Jesus because you give.
People know they are not alone because you give.
People find community and encouragement because you give.
People find purpose and direction because you give.

As you pray about your generosity, including your time, talents, and treasure—both to Kairos Church and beyond—do so, not out of guilt but out of gratitude. Remember how much you've been given and how God and others generosity to you has made a difference in your life.

Above all, love each other deeply, because love covers over a multitude of sins. Offer hospitality to one another without grumbling. Each of you should use whatever gift you have received to serve others, as faithful stewards of God's grace in its various forms. —1 Peter 4:8–10

You can give a one time gift or set up a recurring gift on our website:
[kairoschurchnj.com](https://www.kairoschurchnj.com)

DAY EIGHTEEN

October 14, 2021

THE KINGDOM IS OUR PURSUIT

God's kingdom is bigger than our local church. We sacrifice for the sake of the larger mission, partnering with others in order to spread the Gospel and advance the kingdom around the world.

I'm amazed at how many Christians and churches are doing extraordinary things around the globe. Through various newsletters, e-mails, and social media accounts I follow, I see God's kingdom being built throughout the world.

Of course, this is not easy work. There is often failure and disappointment. And so our sisters and brothers need our prayers and support.

Consider praying weekly for one fellow Christian, one additional church, and one missionary. Reach out to each of them and ask what specific prayer requests they have. Then pray for them regularly throughout the year.

Write them a letter, give them a call, send them a message on social media. Pray about financial gifts to support their ministry.

And be sure to share your and Kairos' prayer requests with them too. God knows we need their prayers.

I commit to praying for, connection with, and supporting:

Fellow Believer:

Church:

Missionary Individual or Organization:

DAY NINETEEN

October 15, 2021

PHYSICAL HEALING

Our denomination, the Christian and Missionary Alliance, proclaims that Jesus is our Savior, Sanctifier, Healer, and Coming King.

As Healer, we proclaim that Jesus not only cares about our spiritual selves but our physical bodies. The creation story affirms our bodies are part of God's good creation and Jesus' incarnation proclaims to us that human bodies matter to God.

A great portion of Christ's time on earth was dedicated to healing the sick. He healed all kinds of people: the blind, the paralyzed, the lame, the deaf, lepers, those who had fevers, and many others with chronic illnesses.

It's a mystery to us why not everyone is healed. We live in the "already" and "not yet" reality of the kingdom. We yearn for the day when *"He will wipe every tear from their eyes. There will be no more death or mourning or crying or pain, for the old order of things has passed away."* (Revelation 21:4 ESV)

Yet, despite this tension, we can *"come boldly to the throne of our gracious God. There we will receive his mercy, and we will find grace to help us when we need it most."* (Hebrews 4:16 ESV)

So, in the name and authority of Jesus as our Healer, let's pray for physical healing today.

"Father, in the Name of Jesus, I come before You asking for healing (name yourself or someone you are praying to experience healing). My hope is in You as our Healer. I believe You are able to do this. Your name is Jehovah Rapha, the God who heals, and I believe every knee will bow to You including the name of (name disease or disorder). Thank You, Jesus, for dying on the cross so that we can receive healing. You say that You forgive our sins and heal our diseases, and I praise You for this. Thank You that the spirit that raised Jesus from the dead lives in us. I stand in faith believing for healing for (yourself or someone you're praying for). Nothing is impossible for You, God! Give us peace and direction as You work in our lives. In Jesus' Name, Amen."

Join us tomorrow in person at 9 am for a healing prayer service.

DAY TWENTY

October 16, 2021

HEALING PRAYER GATHERING

Join us at 57 Sand Hills Road at 9 am for a Healing Prayer Service.

Lord Jesus, when you were on earth, they brought the sick to you and you healed them all. Today I ask you to bless all those in sickness, in weakness and in pain.

For those who are blind and who cannot see the light of the sun; the beauty of the world, or the faces of their friends: Bless your people, O Lord.

For those who are deaf and cannot hear the voices which speak to them: Bless your people, O Lord.

For those who are helpless and who must lie in bed while others go out and in: Bless your people, O Lord.

For those whose minds have lost their reason and those who are so nervous that they cannot cope with life: Bless your people, O Lord.

For those who must face life under some handicap; those whose weakness means that they must always be careful: Bless your people, O Lord.

For those suffering from debilitating or terminal illness and for their caregivers: Bless your people, O Lord.

For those who are near the hour of death and in their final struggle: Bless your people, O Lord.

Father, your only Son took upon himself the sufferings and weakness of the whole human race; through his passion and cross he taught us how good can be brought out of suffering. Look upon our brothers and sisters who are ill, whom we now remember in a special way. In the midst of illness and pain, may they be united with Christ, who heals both body and soul. We ask this through Christ our Lord. Amen.

Almighty God, as we ask your help for our brothers and sisters who are ill, we ask you to help us to be healing people in our time and place. May your love touch others through us, and may I help all people to live in peace. We ask this through Christ our Lord. Amen.

DAY TWENTY-ONE

October 17, 2021

WORSHIP GATHERING PRAYER

I AM NO LONGER MY OWN, BUT YOURS.

PUT ME TO WHAT YOU WILL,

PLACE ME WITH WHOM YOU WILL.

PUT ME TO DOING, PUT ME TO SUFFERING.

LET ME BE PUT TO WORK FOR YOU

OR SET ASIDE FOR YOU,

PRAISED FOR YOU OR CRITICIZED FOR YOU.

LET ME BE FULL, LET ME BE EMPTY.

LET ME HAVE ALL THINGS, LET ME HAVE NOTHING.

I FREELY AND FULLY SURRENDER ALL THINGS

TO YOUR GLORY AND SERVICE.

AND NOW, O WONDERFUL AND HOLY GOD,

CREATOR, REDEEMER, AND SUSTAINER,

YOU ARE MINE, AND I AM YOURS.

SO BE IT.

AND THE COVENANT WHICH I HAVE MADE ON EARTH,

LET IT ALSO BE MADE IN HEAVEN. AMEN.

— COVENANT PRAYER OF JOHN WESLEY



KAIROS
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